



YMCA International Training and Internship Program

5 West 63 Street
New York, NY 10023

Baseline Evaluation

Date: (Enter mm/dd/yyyy) _____

Participant Name: _____

Duration of Stay: (Enter mm/dd/yyyy) Start: _____ End: _____

Host Organization Name: _____

Host Address: _____

City: _____ State: _____ ZIP: _____

For The Participant:

You have been training at your host site for approximately one month. Please take a few minutes to reflect on your experience so far.

1. How would you rate your overall experience so far?

- Better than expected Same as expected
 Not meeting expectations Why am I doing this?

2. Comment on the experience of applying for the J-1 visa..:

Did you read the Participant Manual before applying for the visa? Yes No

Did you have everything you needed to apply for the visa? Yes No

How long did you wait for a visa appointment? _____ Days

3. Comment on your arrival orientation:

Did you have an arrival orientation at your host site? Yes No

Did your host site provide you with information about the community where you are training? Yes No

Did the host site provide information about the host company? Yes No

Is there anything you wish had been included that was not?

4. Comment on your housing arrangements:

Did you find your own housing? Yes No

5. Now that you have been at the host site for approximately one month, please comment

on how you see yourself gaining the skills identified on your Training Plan:

Comment on skills you now believe you will gain that may not have been included on your Training Plan:

What are you most excited about learning over the next few weeks?

6. Have you yet volunteered any of your time at a social service organization in your host community? Yes No

Are you involved in any community organization in your host community, including the YMCA? Yes No

Describe your involvement in the host community to date:

7. What would you identify as the greatest difference between your home culture and that of the United States?

8. What has been your biggest surprise since starting your training program?

9. What do you wish you knew before you began the program?

Signature of Trainee: _____ Date: _____

For The Host Site:

The trainee has been at your site for approximately one month. Please take a few minutes to reflect on the experience so far.

1. How would you rate the overall experience of your organization or company with the trainee so far?
 Better than expected Same as expected
 Not meeting expectations Why are we doing this?

 2. Were the trainee's skills, education and experience well suited to the training program you designed? Yes No Please comment:

 3. Are the trainee's skills, education and experience well suited to the training program you designed? Yes No Please comment:

 4. How well do you believe the trainee is adjusting to the experience of living in the United States so far?
 Eager to try new experiences Seems to be adjusting
 Seems to be struggling Not coping

How have you helped integrate the trainee into your community?

How did you welcome the trainee to your business or organization?
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5. What would you identify as the greatest difference between US culture and the of the trainee's country?
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6. Have you found useful information in the Host Site Manual found at http://www.internationalymca.org/TraingAndInternships/Manuels/host_manual_web.pdf
 Yes No
Is there additional information you wish were discussed in the Manual?

Signature of the Host Supervisor: _____ **Date:** _____