

# YMCA Training Program News

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May/June 2007

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## Dates to Remember

**June 5**—World Environment Day

**June 6**—Hunger Awareness Day

**June 16**—Day of the African Child

**June 17**—Father's Day

**June 26**—Special Olympics Serve Day

## **International YMCA**

5 West 63<sup>rd</sup> Street,  
Second Floor  
New York, NY 10023  
Tel: 212-727-8800  
Fax: 212-727-8814

**Emergency Cell:**  
917-841-4498

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[cgreen@ymcanyc.org](mailto:cgreen@ymcanyc.org)

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[olacavo@vmcanvc.org](mailto:olacavo@vmcanvc.org)

## **Greetings!**

This is a wonderful time of year to experience American cultural and spiritual celebrations. It is also a time for community service. There are walk-a-thons, sports events, street-fairs, parades, and other cultural, community, and festive occasions to enjoy. Get involved, meet new people, and give back to your host community. What you give always comes back to you. When you do, please write to us and share your story with other trainees across the country.

*Celena Green*

Celena Green, Responsible Officer & Assistant Director, YMCA Training Programs

## **YMCA Strong Kids Campaign: THANK YOU!!!**

Thank you to all who donated and supported the 2007 International YMCA Strong Kids Campaign. \$95,000 was raised to provide scholarships for international exchange participants and support our programs for New Americans. Thank you for your generous support.

## **eCornell Courses: Registration is ongoing**

*Short courses and certificate programs* are available in Leadership, Finance, Human Resources, Restaurant/Food Services, Hospitality, and much more! For more information visit the YMCA-eCornell website [www.ecornell.com/ymca](http://www.ecornell.com/ymca) or contact Celena Green, [cgreen@ymcanyc.org](mailto:cgreen@ymcanyc.org).

## **Community Service**

There are many opportunities to be involved in Community Service and to help raise awareness of important local and international issues that affect all of us. Visit the links below for information about events happening in your area.

World Environment Day; <http://www.unep.org/wed>

National Hunger Awareness Day; <http://www.nw.org/network/home.asp>

Special Olympics Serve Day; <http://www.specialolympics.org/>

## **Travel Validation**

If you plan to travel this spring or summer, don't forget that trainees must return the original DS-2019 form (J-1 Certificate) to be validated for travel. Without travel validation you will not be permitted to re-enter the country.

**For validation, send to YMCA (at least 10 days before traveling):**

- Original DS-2019,
- Letter from supervisor with dates of travel,
- Photocopies of your passport, J-1 visa and I-94 card, and
- A self-addressed envelope with return postage.

We will validate the form and return it to you.

Visit our website for updates: [www.InternationalYMCA.org](http://www.InternationalYMCA.org)

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### YMCA Strong Kids Campaign 2007

The YMCA raised \$95,000 in scholarship funds for international youth exchange and New Americans outreach programs!



[www.ymcastrongkids.org](http://www.ymcastrongkids.org)

**Evaluations** are required and help us to provide quality training programs.

Please complete and return evaluations, either by mail or email to  
Olga Lacayo,  
[olacayo@ymcanyc.org](mailto:olacayo@ymcanyc.org)

**We want to hear from you!**

**Send your stories and photos to**

**Celena Green**  
[cgreen@ymcanyc.org](mailto:cgreen@ymcanyc.org)  
or  
Sevinj Mammadova  
[smammadova@ymcanyc.org](mailto:smammadova@ymcanyc.org)

### Trainee News



*Alan Tam, from Hong Kong*

#### **Alan Tam, YMCA Business Management Trainee, 2007-8**

I've been training with the YMCA-ICCP for almost half a year. The nationalities of my colleagues are as diverse as the United Nations. I'm learning a lot from the YMCA here in New York and I believe this will definitely benefit the YMCAs in Hong Kong when I go back home. Moreover, I am currently taking E-Cornell certificate courses through the YMCA and I found that it is a very exciting learning experience, and my classmates are professionals from all walks of life.

### Alumni: Where are they now?



*Maria (center) has returned to Argentina and is now working with a multinational corporation.*

#### **Maria Elena Edo, YMCA Business Management Trainee, 2007**

What made my training program so amazing were the **people** that I met. I also learned about international business, and accompanied staff on visits to other companies throughout the Northeast. I also had the opportunity to participate in the YMCA Strong Kids Campaign. I learned so many things that I am going to be able to use back in Argentina. Thanks to everyone that made this possible.

#### **Katalin Szili, Hungary—Small Business Management Trainee, 2005**

I have completed my training and I am back in Hungary. I am an MBA student at Central European Business School – Budapest, and I work for a telecommunication company as an indirect sales manager, responsible for more than 30 companies throughout the country. I also keep in touch with Tamas Burgmann, another former trainee. Tamas has an MBA degree, and he is the Hungarian country manager of the French cosmetic company L'Occitane; responsible for 20 people, 2 managers and on the way of growing; his company is planning to open 5 new locations in Hungary in the next year.

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## Insurance Provider

American  
International  
Companies

## Policy number

GLB 9019705

## After- Training/Grace- Period Insurance:

The Grace-Period insurance is provided by GatewayUSA, [http://www.gatewayplans.com/gw\\_usa.cfm](http://www.gatewayplans.com/gw_usa.cfm)

For rates and enrollment information, please contact Gateway directly via e-mail at [gateway@marshpm.com](mailto:gateway@marshpm.com), or via telephone at 1-800-282-4495 or 202-367-5097.

**U.S. Department of State**  
Office of Exchange  
Coordination & Designation  
Private Sector Programs  
Division (PS)  
ECA/EC/PS-SA-44  
Room 734  
301 4th Street, S.W.  
Washington, D.C. 20547

**Telephone:** (202) 203-5096  
**Fax:** (202) 203-5087  
**Email:** [jvisas@state.gov](mailto:jvisas@state.gov)

## Insurance

Insurance is provided by **AIG: American International Group/American International Companies** (not by YMCA). **Your policy number is GLB 9019705.** You received an insurance card and information booklet with your acceptance package.

If you need to go to a hospital, clinic, or doctor:

1. Contact AIG/Coalition America (800-878-7896) for preferred healthcare providers in your location. You do not have to use these healthcare providers, but doing so will decrease your out-of-pocket costs.
2. Take your insurance card and claim form with you. You originally received this with your DS-2019 package. Most clinics and hospitals will not treat you until you can prove that you have insurance.
3. You will need to pay \$100.<sup>00</sup> the first time a doctor treats you for each separate accident or illness. This is called the "deductible" and is not paid by the insurance company.
4. Give the claim form to the doctor's office; tell them you have accident and sickness insurance underwritten by American International Group (AIG).
5. Show the Doctor's office the insurance group # located on the back of the insurance identification card. If the office doesn't recognize the insurance, ask them to call: 1- 800-551-0824 or 1-302-661-4176.
6. Sign the medical claim form and leave it with the doctor, clinic, or hospital before you leave. If you forget to leave the claim form with the hospital or doctor's office, you will be responsible for the cost of the medical treatment beyond the deductible.

**YMCA must be notified of any emergency incident within 24 hours, either by the Trainee or the Host Site.**

If you received health services and did not give the medical office your insurance claim form, or the office refused to bill the insurance company, you will have to pay the expenses yourself and get a reimbursement.

**To request a reimbursement of medical fees:** Send the claim form along with the original medical bill to AIG.

AIG-American International Companies  
Accident & Health Claims Division  
P.O. Box 15701  
Wilmington, DE 19850-5701

**Keep photocopies of all documents for yourself.**

**DO NOT SEND CLAIMS FORMS TO THE YMCA.**

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